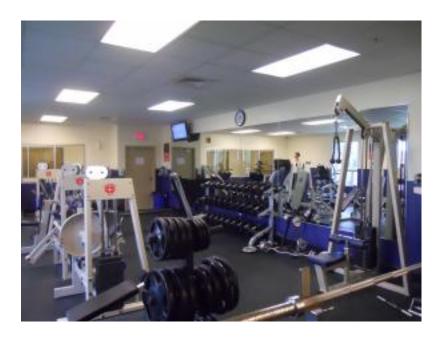
## **Fitness Room**



The Fitness Room at the Miami Springs Community Center features various weightlifting machines that are fit for all ability levels. There is 2 treadmills, 2 elliptical machines, 1 stationsry bicycle, a rowing machine, various free weights and dumbbells that range from 5 lbs to 75 lbs. Whether you are just starting out or have been working out for years the fitness room is for everyone. Fitness room memberships are now available.

**Fitness Room Membership Rates:** 

Adults: 18 & over \$150.00 Senior: 60 & over \$75.00

Youth: 13 – 17 \$150.00 (must be accompanied by a PARENT)

Family of 2: \$188.00 Family of 3: \$263.00

Additional family members \$75.00\* \*Immediate Family Members ONLY

Registration form is attached below

## **Supporting Documents**



Source URL (retrieved on 2013-06-21 19:16): http://www.miamisprings-fl.gov/parksandrecreation/fitness-room